

## **MBT Event Participants' ACKNOWLEDGEMENT OF RISK**

I recognize that there is an element of risk in any adventure, sport, or activity associated with the outdoors, including mountain biking. I am fully cognizant of the risks and dangers inherent in mountain biking and have been informed of known special hazards in such activity. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; I certify that my family and I, including minor children, are fully capable of participating in the said activity. Therefore, I assume full responsibility for personal injury to myself and/or to members of my family, or for loss or damage to my personal property and expenses thereof as a result of my negligence or the negligence of my family participating in said activity except to the extent such damage or injury may be due to the negligence of Mountain Bike the Tetons Inc. I further understand that Mountain Bike the Tetons Inc. reserves the right to refuse any person it judges to be incapable of meeting the rigors and requirements of participating in mountain biking.

### **2020 MBT Trail Day COVID-19 Contingency**

#### **Our Ask of you to Promote Safe and Educated Participation at All MBT Events**

Please consult the CDC website "Symptoms of Coronavirus" on the day of your participation. The following link is updated by the CDC <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

**If you are sick or suspect that you may be ill, PLEASE STAY HOME.**

**FOR EACH EVENT LISTED BELOW: We will maintain a list of participants in any case that contact tracing be necessary. This list will not be made public but will aid participants should any participant later be diagnosed with COVID-19.**

**All plans are subject to change based on the ongoing COVID-19 pandemic. We will be respecting all CDC, National, State, and Local recommendations. Here are the basic facts all of our plans are built around:**

*Our number one priority will always be the safety of our volunteers and event participants*

*All decisions will be made based on that, not what is convenient.*

*Regardless of current health challenges, our focus is always on the safety of everyone involved in MBT volunteer/event opportunities. All tools will be disinfected between uses, and we'll make sure everyone is practicing physical distancing.*

*Participants will be required to sign a waiver including a clause identifying event contingency plans.*

*As of June 1, 2020, our volunteer/event opportunities are cleared to resume operations as long as they function under best practices. Below is a breakdown of actions we'll be making to the programs in light of that.*

#### **Risk Management**

Risk management has always been an essential part of MBT volunteer opportunities, even when we're not faced with a global pandemic, the goal has always been to keep everyone as safe as possible.

#### **Minimizing Contact**

We will continue to follow whatever social distancing best practices are recommended by state and local officials. We will work to keep at least 6' apart. Family members or household companions are encouraged to participate and will not be required to keep a physical distance. We recommend participants avoid carpooling when possible. We will be flexible to make additional arrangements for high-risk participants and families. If you are sick or suspect that you may be ill, PLEASE STAY HOME.

Participants will be provided a disinfected tool to utilize for the day and participants will be instructed not to share that tool. All tools will be cleaned and disinfected thoroughly after use.

We will organize volunteers into groups of 5-6. Each group will be assigned a number and will remain together for the duration of their work. Group will work in a zone identified by MBT Trail Crew members and identified by numbered pin flags that correspond with their assigned group number.

This year we WILL NOT provide gloves so as not to share. Participants should bring their own gloves for work. Gloves are required.

Post-work trailhead gathering in numbers over those ordered by Idaho or Wyoming officials will not be permitted. Please provide your own water. We will provide pre-wrapped Kate's Bars but we suggest you bring your own snacks.

**Medical Contingency**

In the event that we do have an injury that is not threatening to life, limb or a head injury, a MBT Trail Crew member will assess the participant while wearing mask and gloves, determine the treatment necessary to manage the injury and/or manage the injury and enact the support of higher medical care if needed.

In field treatment will follow best practices of BSI (body substance isolation), gloves, mask and eye protection to prevent the contact of body fluids and or aerosolized particles associated with COVID-19.

**Hand Washing**

In order to promote a virus-free environment, each volunteer session will have hand sanitizer available for anyone to use.

Self \_\_\_\_\_

Minor Children \_\_\_\_\_

I have read, understand, and accept the terms and conditions stated herein and acknowledge that this agreement shall be effective and binding upon the parties during the entire period of participation of the said activity.

Parent/Guardian \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

(If both parents are in attendance, both should sign.)